



Massage Therapy

Warrior Fitness Center

Individual Treatment Menu

Swedish

Very Relaxing to Light Pressure

30 min: \$35 • 60 min: \$70 • 90 min: \$100

Therapeutic

Medium to firm pressure

30 min: \$40 • 60 min: \$80 • 90 min: \$110

Deep Tissue

Full deep pressure

30 min: \$45 • 60 min: \$90 • 90 min: \$120

Specialty Massages

Prenatal

Must be past 1st trimester & have a doctor's release

30 min: \$35 • 60 min: \$70

Zen Stones

Relaxing massage with the use of warm river rocks

75 min: \$90

Packages of 5 Treatments

30 Minute Packages

Swedish or Prenatal	\$140
Therapeutic	\$160
Deep Tissue	\$180

60 Minute Packages

Swedish or Prenatal	\$280
Therapeutic	\$320
Deep Tissue	\$360

90 Minute Packages

Swedish	\$400
Therapeutic	\$440
Deep Tissue	\$480

GIFT CERTIFICATES ARE AVAILABLE

All certificates expire 12 months from the date of purchase.



MASSAGES AVAILABLE BY APPOINTMENT ONLY.

Megan Abel, LMT • MassagesByMegan@yahoo.com

Call or text for more information: 702-281-4144