



HAPPY NEW YEAR



Exceptional

2019

Connections

EFMP Coordinators Corner



A New Year is a time for reflection, a time to access our performance and commit to improvement as we enter 2019. The realization that we have made it through another year makes people feel

compelled to set goals or make resolutions. The question of "Make a Resolution or Not?" hangs over our heads. Is it really necessary to go to the gym, alter your diet or change you? It's vital to remember that a resolution may not be necessary if you are already happy and satisfied with where you are at in life and your current self. While resolutions may offer some sense of control and preparation over what may lie ahead in the coming days and months, military living is full of uncertainties. Changing or stopping life's set-backs is not always controllable. The key to reducing their impact may be to just increase coping skills. Military Families are known for being resilient and their inner strength and tenacity often enables them to thrive even during times of the unknown. Just

remember as we enter this New Year, setting goals and resolutions is great in itself, but don't stress and fuss about making specific goals, unrealistic resolutions and always expecting perfection of yourself, just resolve to continue to thrive and be resilient... Always Love You and be your best self!

In the year 2019, the EFMP Team will offer more information, activities and resources specifically designed for Adult Exceptional Members. At the same time, we will continue to work with our community partners to provide child and family friendly events monthly.

Please help me to in welcoming our newest EFMP Coordinator, Mr. Mark Valerio. Previously, Mr. Valerio was a Palace Acquire Intern with the Nellis A&FRC since 6 Sep 2016 as a Community Readiness Consultant. In addition, he is an Air Force retired veteran of 25 years who spent most of his Air Force time in the Personnel career field.

We look forward to continuing to serve you and your Family. Please contact me for support and/or concerns, Ms. Charletta Cruz, EFM Coordinator, M.S., B.S., 702. 652.3399, charletta.zamora-cruz@us.af.mil

EFMP-FS Nellis AFB, NV

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Inside this issue:

TRICARE- ECHO Program— What you need to know!

TRICARE offers several services under the basic TRICARE benefit for beneficiaries with special needs:

- Applied Behavioral Analysis
- Cancer Clinical Trials
- Durable Medical Equipment
- Home Health Care
- Hospice Care
- Mental Health Care
- Skilled Nursing Facility Care

The Extended Care Health Option (ECHO) provides financial assistance to beneficiaries with special needs for an integrated set of services and supplies. Qualified beneficiaries must be enrolled in EFMP thru the sponsor's service branch.

Eligibility: Beneficiaries who are diagnosed with moderate or severe intellectual disability, a serious physical disability, or an extraordinary physical or psychological condition may qualify for ECHO:

ECHO benefits include:

- Training
- Rehabilitation
- Special education
- Assistive technology devices
- Institutional care in private non-profit, public and state facilities (may include transport to and from)
- Home health care
- Respite care for the primary caregiver
- Incontinence supplies (diapers)*

All ECHO benefits must be Authorized in advance, and from a TRICARE-authorized provider.

Home Health Care: Do you need home health care? ECHO Home Health Care (EHHC) provides skilled services to beneficiaries who are homebound which means that you can't leave your home without a lot of effort.

Respite Care for Primary Caregivers

Anyone who takes care of the patient at home and helps with daily activities. Are you a primary caregiver? You may qualify for up to 16 hours of in-home respite care per month or 40 hrs/wk (8 hrs/day, 5 days/week) if the child qualifies for EHHC.

****You can only use one respite benefit in the same calendar month. You can't use them together.**

For help with ECHO benefits, call the ECHO Case Managers in West Region at 844.866.WEST or visit Health Net at www.tricare-west.com

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7 Truths About Bling Parenting Courtesy of Netflix's Bird Box

Sandra Bullock's *Bird Box* landed on Netflix this holiday season, scaring the bejeezus out of an approximate 45 million subscribers, myself included. The movie begins by introducing the audience to Mallory (Bullock), seen sternly warning her two young children (oddly named "Boy" and "Girl") to never



remove their blindfolds or "they won't make it." Set in a post-apocalyptic world, this blindfolded trio then enters a rowboat headed downriver (rapids included). Mallory is following a rogue radio transmission which has promised a safe haven for her family. The film reveals they are running from unidentified "creatures" that, if you look at them, will manifest themselves into your deepest fears and then make you kill yourself. The group's peril to survive is interwoven with flashbacks of how this family unit came to be and how they have survived over the past five years. Along for this "anything but" pleasure cruise are three rescued canaries, packed safely into a box on a bed of leaves. The birds appear to be the most reliable alert system for Mallory, uncontrollably chirping when the "creatures" are approaching.

It doesn't take very long for Netflix revelers to realize the only way to stay safe in *Bird Box* is to not see anything at all. Nothing. What makes the movie so intensely gut wrenching is Mallory's task of parenting two small children in this high stress, extremely dangerous situation. For parents like myself, it absolutely strikes a nerve as we try to imagine what we might do in Mallory's situation. *Would I have the physical strength to go on? Could I keep it together mentally? And how about... Would my kids respect me enough to keep those damned blind folds on?* Logically, we know "creatures" who induce mass suicide are probably not a parenting concern that needs to be on our radar. However, *Bird Box* presents a good point on behalf of the disabled community - one that speaks to thousands of blind and visually impaired parents raising families. **PARENTING WITHOUT SIGHT IS POSSIBLE.** Here are 7 truths about blind parenting courtesy of Netflix's *Bird Box*.

Blind people can parent more than one child: Boy? Girl? Two boys? Three girls? Guess what? We got this. Sadly, people often assume adults living with vision loss can only handle "one" child and society often frowns upon those who deviate from this perceived norm. The blind and visually impaired are perfectly capable of having a "Duggar" size posse. Seriously, we can handle it. It's our sole discretion to decide how many children we want to raise within our families. Bullock's "Mallory" beautifully exemplifies this. She was one strong momma who was absolutely capable of keeping "both" her kids safe and in check while parenting without sight in their post-apocalyptic world. *Seriously, those names though. OY!*

Despite popular belief, our kids "don't" take care of us: If I had a nickel for every time a total stranger said to my daughters (ages 5 and 4), "Oh, isn't it so wonderful that you take care of mommy!" Don't get it twisted folks, I am the parent. My kids don't "take care" of me. I take

care of them. **Why, you ask?** Because I am their mother. Despite the trio of characters all being blindfolded in *Bird Box*, you never once see Mallory lose her position as Chief Momma Bear. Even without sight, her children respected her, listened to her, and perhaps even had a healthy dose of fear when it came to her authoritative parenting style. *Bird Box* proves the hierarchy is clear when it comes to blind parenting... parents get the top spot.

Our adaptive methods become routine for our kids: While both "Boy" and "Girl" are sighted children, Mallory immerses them in a blind world, practicing many skills that closely mimic orientation and mobility training used when teaching the blind. She hones in on her other four senses to teach her children how to accomplish tasks when outdoors. She utilizes the sounds of two rocks clicking together to teach them how to distinguish the proximity of distance. She also used twine and reels of fishing line to create a trail for her various daily routes. This was the "norm" for her children. It's all they knew because they were raised in an environment where these methodologies were an everyday occurrence. The children of blind parents are quite comfortable with our adaptive routines, whether it's watching us wield a cane, riding para-transit, or hearing audible assistive technology during their bedtime stories. Simply put, our children "adapt" to our "adaptations."

We need to be stern about safety: Let's face it, kids don't have the ability to always make good decisions - especially when they're very young. When it comes to safety, blind parents know there is no wiggle room. To keep her children both safe and alive, Bullock laid down the gauntlet, telling her kids "You have to do every single thing I say." While the dramatics of her monologue emphasize the urgency of their circumstances, I could not help but find her tone relatable. As a blind mom who has children the same age as "Boy" and "Girl," family outings always begin with a stern talk about safety. My daughters know: *Keep book bags with tethers on. Do not touch the bells on your shoes. Hold onto my hand. Don't run ahead. Answer me, when I call you.* For the most part, they listen. They understand their mom doesn't have the luxury of watching them roam freely around a crowded store - at least not at the age they are currently. Just as Mallory displays in *Bird Box*, blind parents rely mainly on our senses of hearing and touch to keep our children safe.



Each individual blind parent knows what works for them: Bullock's Mallory character did a fantastic job of improvising techniques she could make work for her. She even fashioned old bicycle bells to her children's coats, creating a makeshift warning system to help alert if they were in danger. Brilliant! The sighted community needs to remember that every blind parent has their own way of doing things. Trial and error combined with evolving technology is what helps us raise our families. *You don't have to "get it." You don't have to understand it. You do, however, have to respect it. Only "we" know what's best for our children's safety, growth and development.*

The presence of an animal can benefit the entire family: If *Bird Box* showed us anything it's that animals have the uncanny ability to help mankind. After all who would have thought 3 little canaries

could have been capable of saving humans from invisible creatures? Much like Bullock's connection to her feathered friends, guide dogs have been assisting blind people with raising their families for decades. by providing a greater sense of independence and companionship to their human handlers, guide dogs are an integral part of the lives of many blind parents - my own included.

Blind parents are survivors: Who was left standing when the world went to hell in a handbasket? The blind! Why, you ask? Some might say, "blind people were impenetrable to the creatures because they couldn't see them." But is it really that simple? Personally, I don't think it is. Mallory stayed alive and kept her children safe because of her innate ability to improvise, adapt, and overcome every circumstance she encountered... despite her acquired blindness. She stays focused, kept her cool, took advantage of all her resources and faithfully practiced her skills. Moreover, Mallory never gave up fighting for her children. They were always her main priority and every decision she made was done so with "Boy" and "Girl" in mind. Blind parents often experience negative societal stereotypes, social injustice, misplaced fear, and inequality. We understand we live in a world primarily geared towards a sighted population. However, when you're blind and have kids, you learn to embrace your inner bulldozer. When it comes to our children, we get the job done by whatever means necessary. You can accept us as equals on the parenting playing field or you can get the hell out of our way. We survive because we improvise, adapt and overcome on the daily... 24/7... 365.

While reviews for *Bird Box* and Bullock's performance are mixed, her portrayal of the strength and adaptability of parents without sight should not go unnoticed. Netflix did an amazing job of accurately showing the struggle of vision loss, even demonstrating the initial fear felt by many individuals who suddenly lose sight. Acquired blindness, through injury, disease, or in this case post-apocalyptic monsters by way of a blindfold, takes some getting used to. However, with patience, adaptability, and training many blind adults go on to have families that include "multiple" happy, and healthy children. As for those canaries, this blind mother prefers to stick with her guide dog.



<https://en.gravatar.com/blindmotherhood/>

Holly Bonner is a Staten Island based psychotherapist and Director of Education & Outreach for IlluminArt Productions, A wife and mother of two daughters who became legally blind in 2012 after battling breast cancer.

EFMP—Family Support

Join us to connect with resources, knowledge, and one another. People with disabilities can benefit from connecting socially with one another, especially when they can find a common ground with someone else who lives with their specific disability.

EFMP
MEET
UP

YOU DESERVE A BREAK!

RESPIRE CARE Workshop

At the Centennial Hills YMCA
6011 N. Buffalo, Las Vegas, NV 89131

Thurs, 24 Jan, 0900-1030

Nellis and Creech Families, you are invited!

Ms. Ethel Chambers, Early Childhood Support Network Coordinator, The Children's Cabinet and the EFMP Family Support Coordinators will discuss the **Air Force Child Care Aware Air Force EFMP Respite Care Program** and including:

- The application process and how to enroll in the Air Force EFMP Respite Care Program
- Eligibility for 40 hours of Free EFMP Respite Care per month/per child
- Assistance with finding an approved provider to provide care at your home, licensed Family Child Care home or child care center/special needs Center.

For more information call EFMP Family Support at the AFRC, 702-652-3327/3399 or register at [eventbrite](http://eventbrite.com).



We Know the System.... We Can Help!

LUNCH AND LEARN The Need to Plan for Today and Tomorrow

“Special Needs Planning”

Presented by
Andre Sam, CRPC®, APMA®,
SILVERTREE Special Needs Planning

Tues, 29 January, 1100-1230
at the Airman and Readiness Center

Gain a basic understanding of Special Needs Planning. Learn about the purpose of a Special Needs Trust and techniques to fund them, trustees, guardianship options, Limited Conservatorship, caregiver succession and preservation of government assistance.

- Supplemental Security Income (SSI)
- Social Security (SS)
- Social Security Disability Insurance (SSDI)
- Medicaid
- In Home Support Services (IHSS)



REGISTRATION (Bring Your Lunch)

Call Airman and Family Readiness Center, Exceptional Family Member Program -Family Support at 702-652-3328/3399, or click on <https://www.eventbrite.com/o/charletta-cruz-efmp-family-support-coordinator-17502340732>

EFM Community Resource Connections

In Las Vegas, Nevada and surrounding communities, there are numerous Community Resources that provide assistance and support to Adult, Children and Families with Special Needs and or Disabilities. Every month, I will highlight two agencies providing support to military families as an additional resource for you to expand your network of helping professionals.



The Sport-Social Program

Focuses on teaching specific social and behavioral skills to children and young adults of all ages and ability ranges however, we specialize in working with children and teens with special needs.. Sport-Social began not as a business venture, but as a single Applied Behavior Analysis (ABA) tutor working with individual families to develop the social and behavioral skills of their children with Autism and other disabilities. By 2010, founder Andrew Devitt had discovered that his instruction was particularly effective when coupled with outdoor activities. He began meeting clients in local skateparks throughout his native Las Vegas, and embedding their social and behavioral learning in action sports lessons. It became clear that this multi-faceted approach to ABA enhanced both the experience and the outcomes for learners.

At Sport-Social, our vision is to solve the puzzle of happiness for children and teens that are struggling to find the best version of themselves. We provide a high-energy, friendly environment filled with positive learning experiences, open communication, and of course, FUN! We believe that learning should be fun and we strive to prove and provide this to our members. Learning new skills, gaining confidence, and making friends becomes easy when you're shredding on a skateboard or jamming on a guitar. In our learning through experience facility, we offer private lessons in Sports, Music, and The Arts, Social Skills Groups, Camps, and Birthday Parties/Events. Our staff is experienced and trained in ABA (Applied Behavioral Analysis) methods and supervised by a board certified behaviorist.

Our programs, environment, and team are "one-of-a-kind" and can only be understood through experiencing it for yourself. Call Sports Social to schedule a tour and evaluation at 702.485.5515 or visit to www.LVSportSocial.com



Sunshine Nevada is a 501(c)3 non-profit organization that aims to relieve isolation and hopelessness and to foster deep connections and companionship among children with special needs and their families. Each year, Sunshine Nevada hosts free summer camps, Special Dates for Special Kids, and other community events geared toward providing children with special needs experiences outside their often medically oriented routines. Sunshine Nevada staff and supporters work to present children with special needs opportunities for physical, mental and emotional growth, often involving a fun connection with nature and the outdoors.

We all have a fundamental need to belong, but it is common for children with disabilities to be bullied or shunned. Families feel isolated and the kids are excluded from common social activities: no play-dates, parties or sleepovers. No dates or dances.

Relationships give our lives meaning, purpose and encouragement in difficult times. We grow by relating and being with others.

Our social-skill building programs and summer camps are packed with teachable moments providing lasting benefits and continuity for steady growth in inclusive and social environments.

We cultivate social inclusiveness and community, and provide opportunities to learn social and life skills, and connect and thrive.

to children with special needs, their families, and caretakers. These events help bring together the special needs community, offering them new social connections, friendships, and networking opportunities with others that share their challenges

[Camp Programs](#)

Our specialized camp programs inspire all campers to reach their full potential. These camps emphasize personal growth, structure, small group dynamics and the campers receive abundant individualized attention all in a private setting where the campers enjoy typical outdoor camp activities.

[Shine Your Light](#)

Volunteers make what we do possible!!! Each year we will recruit, screen and train hundreds of volunteers. Improve the quality of Life for another (and for yourself!) . Please call 702.581.3330 or visit <https://sunshinenevada.org>

["Social isolation is a crisis in the special needs community"](#)

[Special Days & Nights](#)
Special Days and Nights are dedicated

EFMP OTHER Free.... Connections



Parent Support

Parent Support Group: Meet Monthly at FEAT / Sport Social, 7055 Windy St. Ste. B, Las Vegas, NV

89119. Network with other families affected by autism, receive information on local services and get your autism questions answered - We are here to help and support you through your autism journey! They also welcome other disabilities. For meeting dates and times call 702.639.3328

Spanish Support Meetings: Meetings held at East Las Vegas Community Center, 250 N Eastern Ave, Las Vegas, NV 89101. Un entorno seguro y acogedor para discutir las muchas dificultades que enfrentan a diario los padres y/o tutores de niños dentro del espectro del autismo. For more info or dates and times call 702.639.3328.

Cerebral Palsy Support: United Cerebral Palsy (UCP) is the leading source of information on cerebral palsy and other disabilities and is a pivotal advocate for the rights of persons with any disability. For more info, please contact UCP of Northern Nevada at 775.322.6555 or visit <http://ucpnv.org>

PARENTS NIGHT OUT— RESPITE PROGRAM, 20 Jan, 6:00 pm to 10:00 pm. Drop your kids off at the **FEAT, Sport Social** warehouse, 7055 Windy St. Ste. B, Las Vegas, NV and take a night off! Your child on the spectrum and siblings will enjoy 4 hours of non-stop food and fun! *Space is limited!* Fill out application, waiver and medical release for each child you wish to attend prior. Choose 3 dates per application. Not all requests will be honored based on the number of applicants. Request application at: PNO@featsonv.org. Children must be independent in toileting. 2 to 1 Volunteer Child Ratio, Ages 5-17. Contact is 702.739.3328

-Technology Support Group, Held at Nevada PEP, 7211 Charleston Blvd, call 702.388.8899 for dates and times.

-Preventing Power Struggles, Teachers and parents will understand how to recognize and prevent a power struggle with a child, how to handle one and how to problem solve to prevent them in the future, 15 Jan, 5:30-7:30 p.m., West Charleston Library, 6301 W. Charleston, 702.486.7764.

-How is My Child Reading?, Webinar, Fri, 18 Jan, 1200-1300 p.m., Nevada Pep, 702.388.8899. For more info on logging in go to, Nvpep.org/webinar

-Bullets, Targets and Bystanders: Responses that work Webinar, Tues, Jan 22, 6:00 p.m., Nevada Pep, 702.388.8899. For more info on logging in go to, Nvpep.org/webinar

-Transitional Planning: Navigating Your Future, Wed, 23 Jan, 6:00 p.m., Nevada Pep, 702.388.8899. For more info on logging in go to, Nvpep.org/webinar

-Understanding Section 504, Thurs, 31, 6:00 p.m., Nevada Pep, 702.388.8899. For more info on logging in go to, Nvpep.org/webinar

Medicare Help, 2019: 2/28, 4/25, 6/27, 8/22, 10/24 at 2:00 p.m., West Charleston Library, 6301 W. Charleston Blvd, 702.507.3964

Social, Recreational, Cultural, and Music

I Love Paris, Enjoy French and American Jazz Classic performed by Sylvic Boisel and inspired by the City of Lights. This bilingual solo concert will transport you to your favorite café along the Champs-Elysees, Jan 12, 3:00 p.m. at Sahara West Library, 13 Jan, 3:00 p.m. at Summerlin Library, Feb 9, 7:30 p.m. at West Charleston Library, and Feb 17 at 2:00 p.m. at Clark County Library.

The Quitters, Having each quit some of the best bands in the business, including the Waybacks, Stevie Coyle and Glenn Houston have joined forces and now make up a dynamic guitar duo delivering humor and harmony -mostly acoustic, some electric and much serendipity, Fri, 18 Jan, 7:30 p.m., West Charleston Library, 6301 W. Charleston Blvd, 702.507.3964.

Photography The Basics and Beyond, Join Garrett Winslow, who will share his decades of experiences as a professional photographer and walks you through the basics of setting up a camera, how to interpret camera's manual and the meaning of the word pixel, Thurs, Jan 17, 6:00 p.m. 9600 W. Sahara, Sahara West Library, 702.507.3631.

Adult Support

Goodfriends: Las Vegas Adult HF Autism/LD Meetup Group exists to provide friendship, support, and fun to high-functioning adults in the Las Vegas/Henderson area who have Asperger's Syndrome (or are on the Autism Spectrum), ADD, or other learning disabilities. They have monthly activities at pre-planned locations. The majority of regular meetings and meetups will be held on Saturdays or Sundays. All meetups will be smoke and alcohol-free, and members must be high functioning and emotionally stable. Members must provide their own transportation to and from activities. This is a private group. If you would like to make friends who understand you and attend fun events, please visit <https://www.meetup.com/LasVegas-Goodfriends/>

Dad's Support Group: Monthly Meet-up A MEETING JUST FOR DADS! Join other dads that have kids on the autism spectrum in the Las Vegas Community to navigate resources, network, enjoy activities, outings with the kids and more. For next meeting date, call FEAT at 702.639.3328

A.D.E.M.S., Adult Diabetes Education Management Support Group, Free diabetes support group offering education, support and monthly speakers, Tues, 13 Nov, 6:00 p.m., West Charleston Library, 702.507.3964

ASD Adult Family Support Group: For families with adult family members on the Autism Spectrum. For Parents, caregivers or guardians of an adult on the spectrum; Families considering a group home; have an individual in a group home; or want info about government benefits please call 702.639.3328 for meeting date.

Myasthenia Gravis (MG) Support Group: Education, support, speakers and mutual aid to people with MG. Sat, 17 Nov, 11:30, For inquiries and to RSVP, call 1.800.574.7884.

Alzheimer's Association Desert Southwest Chapter Support Group, Spanish Language Group meets on 4th Thurs, 1100, Bereavement Support Group meets every 1st Fri, 1000 and Coffee Talk Group meet every 4th Fri, 1000, at 5190 S. Valley View. The Early Stage Support Group 8-12 week series for individual with early stage dementia and their Care partner. Please call 702.248.2770 for information.

Special Days for Special Kids

Families For Effective Autism Treatment (FEAT) and Sunshine Nevada, our Community Connection Partners, , invites military and civilian EFM Families attend these "FREE" or minimum donations social educational and recreational events. For more information use the contact information listed on the event or contact the EFMP-FS at (702) 652-3399.



JOIN US FOR AN
"EXCLUSIVE"
**SPECIAL
Day**

A SPECIAL SOURCES COMMUNITY EVENT
presented by Sunshine Nevada Organization and Sport Social

SATURDAY, JANUARY 19, 2019

at GLOWZONE for
**HUDSON'S INCLUSIVE
BIRTHDAY PARTY**

DATE Saturday, January 19, 2019
TIME 11:00 am - 3:00 pm
LOCATION GLOWZONE; 7585 Commercial Way, Suite J.
Henderson, NV 89011
AGES 5-12
ADMISSION \$10 PER CHILD, One adult per child please, and
adults are free.
RSVP at <http://RSVP.special-sources.com>. **RSVPs are mandatory.**

Join us for this one-of-a-kind event as we celebrate a birthday party for all!
GlowZone features several glow-in-the-dark attractions including a suspended
ropes course, bumper cars, mini-golf, a full arcade, a ninja course, laser maze, and
more! Come enjoy the glowing atmosphere full of fun, games, pizza, and birthday
cake! This event is for children with special needs, their friends and their families.

**Children under the age of 18 must attend with and be supervised by a parent/legal guardian.
**All participants will be asked to sign a Release of Liability upon entrance.
RSVP's are not accepted more than 60 days out from event date.
For more information email: info@special-sources.com*

GLOWZONE

**SPECIAL
Days & Nights
-SPECIAL KIDS**

EVENTS DESIGNED
FOR CHILDREN WITH
SPECIAL NEEDS AND
THEIR FAMILY

**sunshine
NEVADA.ORG**

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**BRETT
TORINO foundation**

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A Valentine Dance For middle school and older

You are invited to the 4th annual

I Love you to Pieces Dance

Saturday, February 16, 2019 7pm-9pm

Sport Social 7055 Windy Street. Las Vegas 89119

PLEASE RSVP at

ILoveyoutopiecesdance@yahoo.com or

The I Love you to Pieces Facebook page

**MUSIC, DANCING, DESERT BAR, PHOTO BOOTH, FRIENDS, MUSIC, DANCINGS,
FUN AND FREE**

Parents are encouraged to let teens attend alone or with a tutor/friend.

Parents are welcome to wait in the lobby.



The I Love you to Pieces Dance was created in honor of my older brother and best friend Aaron. I want everyone to be able to attend a dance judgement free. Cant wait to see you there

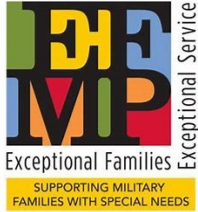
Sunshine Nevada Organization's Photos
in Mobile Uploads

~Molly

EFMP-Family Support (FS)

Airman & Family Readiness Center
4311 North Washington Blvd.
Nellis AFB, NV 89191-7073

Phone: (702) 652-3327
Email: charletta.zamora-cruz@us.af.mil



"Supporting Military Families with Special Needs"



A GAMES
BE AWESOME
PRESENTED BY FEAT OF SOUTHERN NEVADA

DOWNTOWN LAS VEGAS
301 N. 6th Street, Las Vegas, NV 89101

APRIL 21st | 9AM - 4PM

PRACTICE DATES
Jan. 27th | Feb. 24th | Mar. 10th
1:00PM - 3:00PM

Food trucks, resource vendors, and 1:1 help from Sport Social staff, please inquire at check in. Thank you!

Register Online @ AGamesLV.com

The "A Games" is similar to the well-known "X Games," but for children on the autism spectrum between the ages of 3-17 no matter the degree of disability! Festivities will include a DJ, music, silent auction, kid zone food, award ceremony and much more! We will have spotters, coaches and volunteers to help and assist those kids needing extra support! Events will be modified for each child's individual abilities ensuring participation is appropriate. Siblings/buddy may also compete in one event that the child with autism is participating in. All participants will receive a participation medal and a Swag Bag - EVERYONE IS A WINNER! BEST of ALL...we are honored to have TJ Lavin, X-Games gold medalist and also the host of the MTV show "The Challenge" join us once again this year! Participation is free! We rely on sponsors and donations to make this event successful and possible!
For more information or to register go online to: <https://agameslv.com/>

Nellis Airman & Family Readiness Center – January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Center Closed	2 Capstone 8:00-9:30 & 12:30-2:00	3 Right Start 57 WG 7:00 - 12:30 Welcome Home Briefing 9:00-10:00 Financial Goal Setting & Vision Board Workshop 11:00-12:30	4	5
6 	7 Welcome Home Briefing 9:00-10:00	8 Pre-Separation Briefing 8:00 - 11:00	9 Capstone 8:00-9:30 & 12:30-2:00 Remote Control Brief 8:00-8:30 Ditching the Dorms 9:00-10:00 Deployed Family Dinner 5:30-7:00 Cannery	10 Right Start 99 ABW 8:00 - 12:30 Welcome Home Briefing 9:00-10:00 Professional Resume Writing 8:00-10:00	11 Car Buying Strategies 11:00-12:00	12
13 Like us on Facebook https://www.facebook.com/NellisAirmanandFamily/	14 Transition GPS Mon-Fri 8:00 - 4:00 Welcome Home Briefing 9:00-10:00 ACE the Interview 9:00-11:00	15 Pre-Deployment Education/Briefing 8:00-11:00 Key Spouse Initial Training 9:00-3:00 Plan my Move 9:00-10:30	16 Capstone 8:00-9:30 & 12:30-2:00 Accessing Higher Education 8:30-1:30 Deployed Family Dinner 5:30-7:00 Aliante	17 How to Apply for a Federal Job 8:00-10:00 Welcome Home Briefing 9:00-10:00	18	19
20	21 Center Closed	22 Pre-Separation Briefing 8:00 - 11:00 Financial Foundations 9:00-10:30	23 Capstone 8:00-9:30 & 12:30-2:00 Entrepreneur Training Track Wed-Thu 8:30-4:00	24 Right Start 57 WG 7:00 - 12:30 Spouses Employment Workshop 9:00-11:30 Welcome Home Briefing 9:00-10:00 EFMP Respite Care Brief 1030-1200	25 Keys to Home Ownership 11:00-12:30	26
27	28 Transition GPS Mon-Fri 8:00 - 4:00 Welcome Home Briefing 9:00-10:00	29 EFMP-Special Needs Planning 1100-1230	30 Capstone 8:00-9:30 & 12:30-2:00 First Duty Station Officer 8:00-9:30	31		Call Airman & Family Readiness Center at 652-3327