

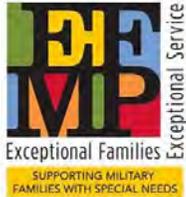


# September 2019



## Exceptional Connections

### EFMP Coordinator's Corner



Now that school has started and our children have established a routine, keep them energized throughout the school year. Take time out from your busy work schedule and plan events with your child(ren). It will be a nice break for them from all the homework.

With August in our rearview mirror, September has arrived. For those of you who thought it would cool down, think again. It is still hot out there, we are still reaching highs of 110 and it is somewhat humid out there. Be sure to drink plenty of water and use sunscreen. We have one more month left of the monsoon season before it starts cooling off.

This year has gone by so fast. Before you know it, October will be here and we will start thinking about Halloween and all the treats that come with this holiday.

Please make sure that you sign up for some of the events that are planned throughout this month and featured in this newsletter.

For those of you new to EFMP, please be sure to sign up for our EFMP 101 Base Level Orientation that is scheduled for 20 Nov 19 in Bldg 20, 3rd floor (room TBD).

If there are any resources or events that you would like to get more information on, please stop by our office at the A&FRC, Bldg 312, across from the Base Chapel.

*Written by Mark Valerio, M.H.R.  
EFMP-Family Support Coordinator*

### EFMP-FS Nellis AFB, NV

Volume 2, Issue 9

September 2019



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## EFMP 101 Base Level Orientation

For those who missed out on our previous EFMP Base Level Orientation, do not worry, we have another one scheduled for 20 Nov 19 in Bldg 20, 3rd floor (room TBD). The EFMP 101 workshop is offered in coordination with the three major components of EFMP:

**EFMP-Family Support - EFMP-Medical - EFMP-Assignments.**

This orientation is primarily for those newly Q-coded families, but everyone is welcome to attend.

To register, call the EFMP-Family Support office at the A&FRC (702) 652-3327.

# A boy with autism wouldn't sit still on a United Airlines flight. So crew and passengers stepped in to help.

Gianluca Mezzofiore, CNN • Updated 29th August 2019



(CNN) — Braysen is a 4-year-old autistic boy who usually loves to fly. But he had a meltdown on a United Airlines flight from San Diego to Houston.

That was when the aircraft's crew and passengers came together to help him.

The boy's mother, Lori Gabriel of Cypress, Texas, told CNN that Braysen removed his seat belt just before takeoff, saying he wanted to sit on the floor.

"It was impossible to restrain him. He was fighting both me and his father. It took the both of us to try to get him back to his chair and get his seat belt back on. He started kicking, screaming and hitting," said Gabriel. "That's when a flight attendant came over and told us the flight couldn't take off until he's seated."

"I told her the boy has autism, we're trying, give us a minute."

The flight attendant walked away, while Gabriel was still trying to keep the boy on his seat. She came back with two other flight attendants who asked the mother how they could be of help.

"Then they sprang into action," Gabriel added. First, they let Braysen sit on her lap for takeoff while the father was holding him. Then, after the seat belt sign was turned off, his mother let the boy down because he was screaming and fighting her.

So the crew let him sit on the floor, next to them. "When he's overstimulated, the vibration makes him feel better," Gabriel said. At one point, the boy inadvertently kicked a passenger sitting across from them, a United Airlines' flight attendant who was not working during the flight. "She was just being nice and said it was OK if he kicks her feet," Gabriel said.

Then, the boy went to first class and started kicking a man's seat, messing with it. "Braysen seemed happy there, so we didn't want to move him," the woman said. "So I told the man 'I'm sorry,' but he said he didn't mind, he introduced himself to Braysen and gave him high fives. He said 'he can kick my chair, I don't care.'"

"Everybody in first class was kind to him, asking his name, showing him pictures on their phones, letting him sit whenever he wanted," Gabriel said. "The flight attendants kept asking if we needed anything, making sure everybody was taken care of."

Just before leaving, the off duty light attendant who was sitting across from them gave Gabriel a hug and a handwritten note in which she commended her for her strength. "You and your family are loved and supported," reads the note.

"Do not ever let anyone make you feel as though you are an inconvenience or a burden. He is a blessing," the note goes on "God bless your patience, your love, your support and your strength. Continue to be a super woman."

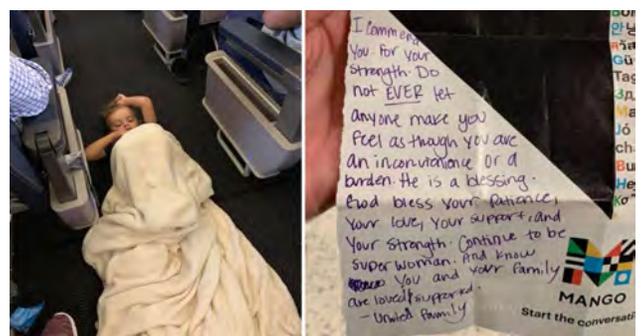
Gabriel posted a picture of the note on Facebook along with pictures of Braysen on the flight and a shout-out to United.

United Airlines tweeted in response: "It sure sounds like Braysen and your family had a great flight. We are happy that our crew was able to make it an enjoyable experience. We are overjoyed to see that we have such loving and supportive passengers on board as well! We look forward to seeing Braysen again soon!"

Gabriel said her son usually loves to fly, but the flight earlier this month was his first long flight. The family was traveling back home from San Diego, where they've been on holiday.

"I'm just overwhelmed from all this kindness, it makes me want to cry," she said.

"For the first time, people have been very understanding and helpful about Braysen's autism. It's very promising, we don't have to care about what other people think because there are people who are caring, who understand. It gives me a lot of hope for the future."



# 2019 Exceptional Family Member Program Virtual Summit 3.0

**25 September 2019 @ 1030 CDT**

<http://www.facebook.com/EFMPAssignments>



Air Force  
Respite Care

Incapacitated  
Children and  
Adults

Air Force  
Legal Operations  
Agency

Defense Health  
Agency

Child and Youth  
School  
Liaison

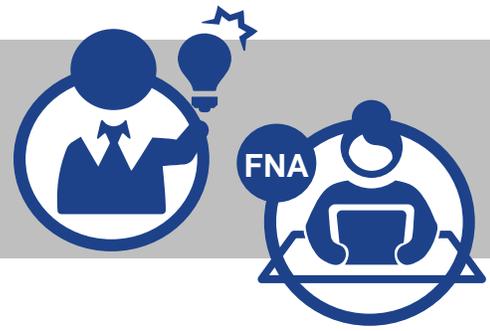
Humana TRICARE:  
Case Management  
Benefits  
Extended Care Health Options (ECHO)

Department of Defense Education Activity  
(DODEA)  
Educational and Developmental Intervention  
Services (EDIS)

For the third year, Air Force Services Directorate (AF/A1S), the Air Force's Personnel Center (AFPC) and the Air Force Medical Readiness Agency (AFMRA) will jointly execute an Exceptional Family Member Program (EFMP) Summit. The event will be virtual this year and broadcast on Wednesday, 25 Sep 2019 at 1030 CDT, via the EFMP-Assignments Facebook page at [www.facebook.com/EFMPAssignments](http://www.facebook.com/EFMPAssignments). If you are enrolled in EFMP, lead, mentor, or supervise Airmen enrolled in EFMP, or would like more information about the program, we invite you to tune in. You will learn about current program initiatives, gather resources and have program experts available to answer your questions.

Submit questions or ideas for innovation or process improvement you would like addressed prior to 19 August 2019 via the EFMP-Assignments Facebook page using the "Send Message" feature. Questions posed during the broadcast will be answered as time permits. Can't tune on 25 Sep 2019? The broadcast will remain on the EFMP-Assignments Facebook page and also shared on AFPC's YouTube channel at [2019 EFMP Virtual Summit YouTube Playlist](#). We look forward to hearing from you!

# Ask your EFMP Family Support Office about the DD Form 3054, “Exceptional Family Member Program (EFMP) Family Needs Assessment”



## WHAT IS THE DD FORM 3054?



A tool that guides the family needs assessment process by which the EFMP Family Support provider, in partnership with the family, assesses, documents, and prioritizes the unique needs of the family.

The **DD Form 3054** supports consistent, enhanced, and continuous EFMP Family Support and has three sections:

01

### FAMILY NEEDS ASSESSMENT

Organizes family information and contains open-ended questions to help the EFMP Family Support provider gain an understanding of a family's needs.

02

### FAMILY SERVICES PLAN

Outlines strengths-based and family-centered goals and strategies to help a family meet goals and objectives, as mandated by the NDAA 2010.

03

### INTER-SERVICES TRANSFER SUMMARY (ISTS)

Documents current needs and goals to enhance a warm hand-off with a gaining sister-Service EFMP Family Support Office to maintain continuity of services.

## WHEN SHOULD THE DD FORM 3054 BE COMPLETED, AND WHO COMPLETES IT?

A family can request a DD Form 3054 when they want more than Information & Referral (I&R) from EFMP Family Support.

The EFMP Family Support provider completes the DD Form 3054 through collaboration with families.

The DD Form 3054 is a living document and can be updated to reflect a family's changing needs.



## WHAT COMES NEXT?



Visit your local installation **EFMP Family Support Office** to learn more about the DD Form 3054, and how it can help your family!



HOSTED BY ARTS & CRAFTS

# KIDS SLIME PARTY



**Wed, 4 Sept • 4 - 5 PM**  
**AT COMMUNITY COMMONS**

Make a mess with Arts & Crafts! Create your own slime!  
\$10 Per Child: Call or stop by the Arts & Crafts Center to sign up.

5850 Devlin Drive, Bldg. 610 • 702-652-2849 • [Facebook.com/NellisArtsandCrafts](https://www.facebook.com/NellisArtsandCrafts)  
Event Location: 4311 Washington Blvd, Bldg. 312

To sign up for workshops and webinars, please call PEP or register on the PEP website by using the Training Calendar tab.



Please contact Nevada PEP for special accommodations needed to attend trainings.

TRAINING WORKSHOPS

TRAINING WORKSHOPS

## WORKSHOP

### SEPTEMBER 2019

Getting the First Job  
Thursday, September 5  
6:00 p.m. - 8:00 p.m.

Positive Behavior Approaches for Parents  
Tuesday, September 10  
6:00 p.m. - 8:00 p.m.

Understanding Section 504 and Civil Rights  
Thursday, September 12  
6:00 p.m. - 8:00 p.m.

IEP Clinic Workshop  
Saturday, September 14  
9:30 a.m. - 11:30 a.m.

How is My Child Reading?  
Wednesday, September 18  
6:00 p.m. - 8:00 p.m.

Bullies, Acosados y Espectadores: Respuestas que Funcionan  
Miércoles, 25 de Septiembre  
3:30 p.m. - 5:30 p.m.

PEP Offers Pre-Recorded Webinars!  
Free workshops from your home or office.  
[nvpep.org/webinar-archive](http://nvpep.org/webinar-archive)

TRAINING WORKSHOPS

TRAINING WORKSHOPS

PEP **NOW** Offering Technology Support Group  
Bring Your Device, Learn & Have Fun! (Ages 14+)

**\*RSVP Required**

4pm - 5pm Thursday, July 11<sup>th</sup>, August 8<sup>th</sup> & September 12<sup>th</sup>  
11am - 12pm Friday, July 12<sup>th</sup>, August 9<sup>th</sup> & September 13<sup>th</sup>

### Watch and Learn Webinars!

Making the Most of Your Baby's  
Early Intervention Services

Monday, September 9  
12:00 p.m. - 1:00 p.m.

Procedural Safeguards

Monday, September 16  
12:00 p.m. - 1:00 p.m.

Considering College?

Learn What's Available and How to Get it

Monday, September 23  
12:00 p.m. - 1:00 p.m.

Bullies, Targets, and Bystanders:  
Responses that Work

Monday, September 30  
12:00 p.m. - 1:00 p.m.

TRAINING WORKSHOPS

TRAINING WORKSHOPS

7211 W. Charleston Blvd.  
Las Vegas, NV 89117  
(One block west of Rainbow)

Phone: (702) 388-8899

[www.nvpep.org](http://www.nvpep.org)



## Child Care and School Age Education Options



Tues, 10 Sep 19	Centennial YMCA 6601 N. Buffalo Dr. 1830-1930
Tues, 17 Sep 19	Nellis Community Commons 1800-1900
Wed, 18 Sep 19	Creech DFAC 1200-1300

Community Child Care Fee Assistance (MCCYN/NACCRRRA)

**Expanded Child Care**  
Deployment, Remote RPA, RPA2, HCC, Medical Emergency, PCS, 24/7

Exceptional Family Member Program (EFMP)

**Schools**  
Private Public  
Charter Magnet  
Homeschool



For more information, please call Regina Mullins, Community Child Care Coordinator at 702-652-4400 or 702-373-4967





JOVANTE WOODS FOUNDATION

# 1ST ANNUAL FAMILY ASTHMA AWARENESS DAY

OPEN TO THE PUBLIC - MEET ICKEY WOODS  
\*\* ACCEPTING DONATIONS \*\*



FREE ASTHMA SCREENING FOR  
CHILDREN AND YOUNG ADULTS



SATURDAY, SEPTEMBER 7, 2019

11AM-2PM

SUNSET PARK - 2601 E SUNSET RD, - AREA F

FOOD  
&  
GAMES



FAMILY FUN  
&  
ENTERTAINMENT

## Family Fun Day

For Vendor and Sponsorship Opportunities or more info:  
DeSquaredLV@gmail.com or 510-974-6610



MAGGIANO'S  
LITTLE ITALY™



# ARMED FORCES MILITARY VETERANS & FIRST RESPONDERS APPRECIATION DAY



Sat. Sept 14, 2019  
11:00 am – 5:00 pm

Craig Ranch Regional Park  
628 W Craig Road,  
North Las Vegas, NV 89032

**FREE AND OPEN TO THE PUBLIC**

## HONORING OUR FIRST RESPONDERS AND MILITARY COMMUNITY



*Thank You  
For Your Service!*

Food | Music | Vendors  
Children fun Zone, and lots of fun!

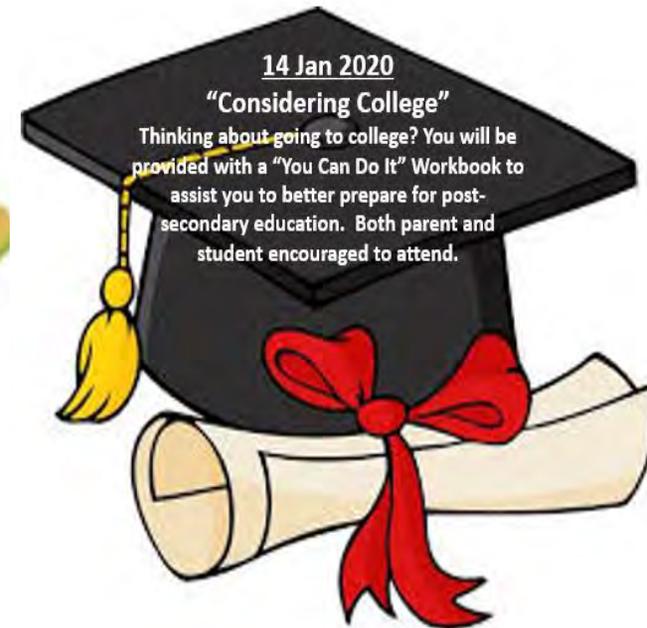
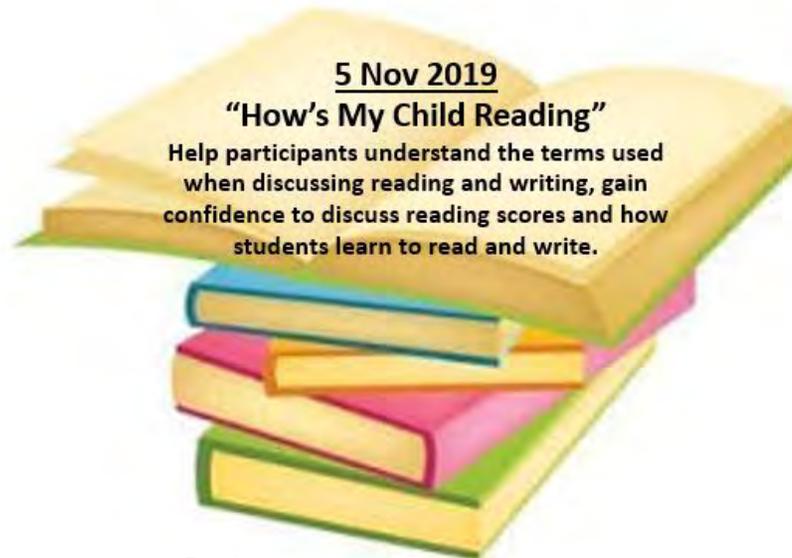
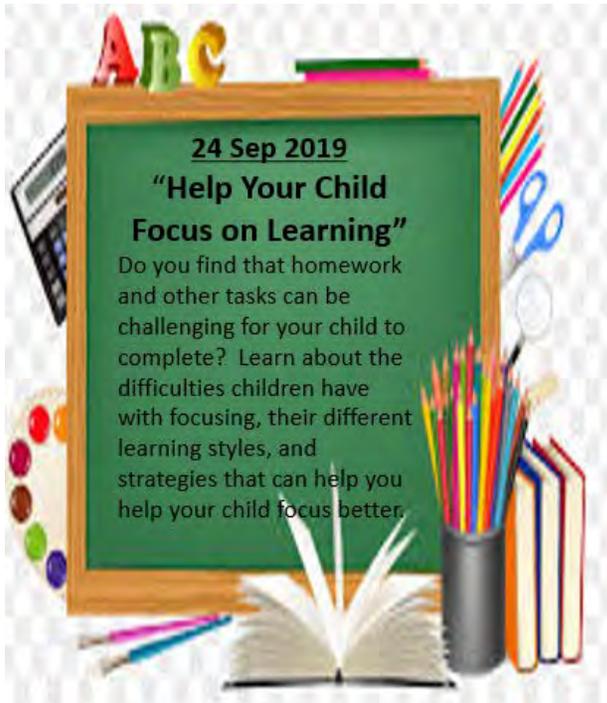
[www.NLVEVENTS4MILITARY.org](http://www.NLVEVENTS4MILITARY.org)

702-321-1075

# Support Your Student Success Series

Presented by  NEVADA PEP  
Strengthening Families with  
Education • Empowerment • Encouragement

In Partnership with **School Liaison Office** (SLO) and the **Exceptional Family Member Program** (EFMP) – Family Support, Nellis and Creech AFB's



Register at:  
<https://www.eventbrite.com/e/support-your-student-success-series-help-your-child-focus-on-learning-tickets-70694656621>

Register at:  
<https://www.eventbrite.com/e/support-your-student-success-series-hows-my-child-reading-tickets-70710816957>

Register at:  
<https://www.eventbrite.com/e/support-your-student-success-series-considering-college-tickets-70713655447>

**Where:** Family Child Care (FCC) Office, 4211 Duffer Dr., Bldg 602  
Nellis AFB

**Time:** 4:00 p.m. to 6:00 p.m.

For more Information, please call Ms. Carol Padilla, School Liaison Office 702-679-0439 or EFMP Family Support Office, 702-652-3327

easterseals  
Nevada

# Block Party

SATURDAY, OCTOBER 5, 2019  
6 PM TO 10 PM

*FOOD, WINE, LIVE ENTERTAINMENT, SILENT AUCTION, AND MUCH MORE!*

**PURCHASE YOUR TICKETS TODAY AT:**

[www.eastersealsnv.org/blockparty](http://www.eastersealsnv.org/blockparty)

**\$50 INDIVIDUAL | \$80 COUPLE**

**21 & OVER EVENT**

**TICKETS PURCHASED DAY OF:  
\$60 INDIVIDUAL | \$100 COUPLE**

**THE DISTRICT<sup>SM</sup>**  
at green valley ranch

The Las Vegas City Council and  
**Mayor Pro Tem Michele Fiore**  
invite you to



WARD 6  
**HALLOWEEN**

at  
the



**All AGES  
Welcome.  
Free and open  
to the public.**

**Thursday, Oct. 31 • 5-8 p.m.**

Centennial Hills Community Center/YMCA  
6601 N. Buffalo Drive

**Bring the family in  
costume to enjoy the fun!!**

**Halloween activities including costume parade,  
crafts, DJ music, trunk-or-treating,  
community vendors and food trucks.**

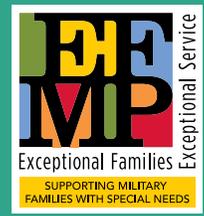


For more information, please call 702.229.5463.



cityoflasvegas  
lasvegasnevada.gov

# Preparing for Your Move



Military families often relocate every two or three years. Below are suggestions for making the transition easier as your child enters a new school system following your family's move to a new duty station in the states, or a Department of Defense Education Activity school overseas.

## Relocating: things to remember

At least 30 days prior to your move:

- Notify the school or early intervention agency of your impending move and request a copy of your child's educational records.
- Obtain your child's most recent transcripts, grade reports and all pertinent medical records, including inoculation records, prescriptions and dosages.
- Contact the new school district or early intervention agency for specific information about programs on or near the installation where you will be living. Use the [State, School District and Installation Information](#) section of the DoD Education Directory for Children With Special Needs to identify the districts in your new location and the State, Early Intervention Provider and Installation Information section for information about early intervention agencies. The directory provides helpful tools to assist families with infants and toddlers and school-age children transitioning to a new educational program.

If your child has special needs and is receiving early intervention or special education services, request a copy of the following information:

- Latest Individualized Education Program or Individualized Family Service Plan, including your child's most recent progress report
- Your child's most recent eligibility determination report for special education services, including early intervention
- Names of textbooks or other materials that have been effective for your child
- Adaptive equipment and assistive technology such as communication devices or modified keyboards that your child uses in school.

<http://www.militaryonesource.mil/family-and-relationships/special-needs>

## As you leave your duty station, you should:

- Hand-carry a copy of your child's inoculation records and the information you collected about your child's educational program.
- Take any special equipment, medication refills and supplies (for example, hearing aid batteries) that your child may need in the next two months.
- Keep contact information for your child's current teacher or early intervention specialist in case there are questions at your new school or early intervention agency.
- Provide the staff at your child's current school with the contact information for the special education staff at your child's new school to speed the transfer of your child's information.

## When you arrive at your new duty station, you should:

- Take the hand-carried educational information, including immunization records, with you to enroll your child in the local school.
- Notify the new school that your child has special needs. Sign appropriate releases so the new school can request official copies of your child's records.
- Request copies of any publications about the school's special education services.

It is easier for the receiving school to start the appropriate special education or early intervention services for your child when you hand-carry important information about your child. The current Individualized Education Program will be recognized by the school's special education committee, and interim services can be provided within days. Each state has different policies or procedures that guide its special education and early intervention programs. Do not expect to use the same forms and procedures that were used at your previous location. You should expect that every effort will be made to meet your child's needs.

Exceptional Family Member Program support is available for military families with special needs.

For more information, please contact your installation EFMP office or visit

<http://www.militaryonesource.mil/family-and-relationships/special-needs>, an official Department of Defense website.

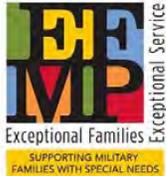
## EFMP-Family Support (FS)

Airman & Family Readiness Center  
4311 North Washington Blvd.  
Nellis AFB, NV 89191-7073

### EFMP FS Coordinator Team:

Ms. Charletta Cruz  
Phone: 702.652.3399/3327  
Email: charletta.zamora-cruz@us.af.mil

Mr. Mark Valerio  
Phone: 702.652.9260/3327  
Email: mark.valerio.4@us.af.mil



"Supporting Military Families"



## Free RESPITE CARE

When enrolled in the EFMP, Air Force Respite Child Care provides all eligible Air Force Families up to 40 hours of free care per month per child. Respite Child Care is specially designed for Air Force families who have children diagnosed with moderate or severe special needs. Sibling care is also available at no cost. Your choice of an approved\* provider in your home, licensed Family Child Care home or child care center/special needs Center. \*Approved providers have comprehensive background checks and pre-service training: CPR, First Aid, Medication Dispensation, and Child Abuse Recognition & Prevention as well as subject matter training in the care of children with special needs.

Interested families should contact Child Care Aware at 1-800-424-2246 or view their website at <http://usa.childcareaware.org>. The agency will work individually with each family to complete the necessary application and assist with connecting the family to a local respite care provider who can meet their needs.

For more information on USAF Respite Care, families can call EFMP Family Support at the AFRC, 702-652-3327.

Call  
Nevada



1-800-522-0066

If you have concerns about any child, ages birth to three, who may have delays.

STATE OF NEVADA  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

